

## Support and Living Arrangements Scan

Name: \_\_\_\_\_ Date: \_\_\_\_\_ Completed By: \_\_\_\_\_

### External Environment

Urban  Suburban  Rural

Accessible yard or deck:  Free access  Only when staffed  Only during scheduled times

### Internal Environment

Type of Dwelling:  Detached house  Semi-detached house  Townhouse  Apartment building  
 Other (Specify) \_\_\_\_\_

Open concept  Closed concept  Staff office

Shared bedroom  Own bedroom  Accessible kitchen (client allowed in kitchen)

Shared common area  Own suite in larger home  Lives alone

### *Environmental Considerations*

Video monitoring  Awake  Asleep

Auditory monitoring  Awake  Asleep

Magnetic locks on suite/ bedroom  Magnetic perimeter locks

Reinforced walls  Lexan windows  Restricted access to kitchen  Cushioned flooring

TV or music on all the time  Other (specify): \_\_\_\_\_

### *Crowding*

Square feet of home

Less than 1000  Between 1000 and 2000  Between 2000 and 3000  More than 3000

Square footage per person during highest staffing ratios: sq. ft. \_\_\_\_\_ / # of people \_\_\_\_\_

**Opportunities for Social Interactions**

Available preferred activities within the home     Performs alone     Requires peer     Requires Staff

Mealtime:  Client eats with staff and peers     Client eats with peers only

Client eats with staff only     Client eats alone

Total # of people in home \_\_\_    Total # of individuals with challenging behaviors \_\_\_

Staffing ratio of home: Highest \_\_\_:\_\_\_    Lowest \_\_\_:\_\_\_

Overnight staff     Awake     Asleep

Estimated frequency of daily positive social interactions with staff (beyond basic care) for at least 5 minutes:

0     1 – 3     4 – 6     6 – 9     10 or more

**Client Involvement in House Chores:**

<input type="checkbox"/> Meal prep	<input type="checkbox"/> Independent	<input type="checkbox"/> With staff support	<input type="checkbox"/> Not involved
<input type="checkbox"/> Laundry	<input type="checkbox"/> Independent	<input type="checkbox"/> With staff support	<input type="checkbox"/> Not involved
<input type="checkbox"/> Cleaning	<input type="checkbox"/> Independent	<input type="checkbox"/> With staff support	<input type="checkbox"/> Not involved
<input type="checkbox"/> Washing dishes	<input type="checkbox"/> Independent	<input type="checkbox"/> With staff support	<input type="checkbox"/> Not involved
<input type="checkbox"/> Yard maintenance	<input type="checkbox"/> Independent	<input type="checkbox"/> With staff support	<input type="checkbox"/> Not involved
<input type="checkbox"/> Grocery shopping	<input type="checkbox"/> Independent	<input type="checkbox"/> With staff support	<input type="checkbox"/> Not involved
<input type="checkbox"/> Other (specify): _____	<input type="checkbox"/> Independent	<input type="checkbox"/> With staff support	<input type="checkbox"/> Not involved

**Community Involvement**

Level of support in community:  Independent     Staff required    Staffing ratio: \_\_\_:\_\_\_

Frequency of Participation in preferred community events: # \_\_\_ per week    # \_\_\_ per month

**Nature of Community Involvement:**

<input type="checkbox"/> Drive	<input type="checkbox"/> Special interest groups
<input type="checkbox"/> Walk in sub/urban areas, mall	<input type="checkbox"/> Shopping
<input type="checkbox"/> Rural walk/ hike	<input type="checkbox"/> Volunteering
<input type="checkbox"/> Community events (e.g. local fair, parades, festivals, town meetings etc.)	<input type="checkbox"/> Paid work
<input type="checkbox"/> Local attractions; Zoo, Museum, sporting events, movies, etc.	<input type="checkbox"/> Other (specify) _____

**Physical Activity**

Client engages in physical activity \_\_\_ days per week; for \_\_\_\_\_ minutes.

Activities take place:  In home  Within agency  In community

Activities engaged in though:

- Home agency
- Day placement agency
- Organization for individuals with ID (e.g. Special Olympics)
- Local athletic center or league (e.g. Recreation center, gym, sporting league)

Activities:

- |  |   |   |
|--|---|---|
| <input type="checkbox"/> Running       | <input type="checkbox"/> Weightlifting      | <input type="checkbox"/> Cycling                |
| <input type="checkbox"/> Walking       | <input type="checkbox"/> Paddle Boarding    | <input type="checkbox"/> Softball/ Baseball     |
| <input type="checkbox"/> Hiking        | <input type="checkbox"/> Hockey             | <input type="checkbox"/> Boxing/ Wrestling      |
| <input type="checkbox"/> Rollerblading | <input type="checkbox"/> Swimming Laps      | <input type="checkbox"/> Aerobics               |
| <input type="checkbox"/> Basketball    | <input type="checkbox"/> Jump rope          | <input type="checkbox"/> Water Aerobics         |
| <input type="checkbox"/> Football      | <input type="checkbox"/> Skiing             | <input type="checkbox"/> Yoga/ Pilates          |
| <input type="checkbox"/> Volleyball    | <input type="checkbox"/> Martial Arts       | <input type="checkbox"/> Gym Cardio Equipment   |
| <input type="checkbox"/> Soccer        | <input type="checkbox"/> Canoeing/ Kayaking | <input type="checkbox"/> Skating                |
| <input type="checkbox"/> Tennis        | <input type="checkbox"/> Bowling            | <input type="checkbox"/> Other (specify): _____ |

Client engages in activity with:

- Coach or instructor 1:1
- Self; with staff supervision
- Peers
- Community members only
- Staff, no peers
- Peers and staff
- Independently

Client Prefers:

- Independent sporting activities (e.g. swimming laps)
- Group sports
- 1:1 engagement

**Client Opportunities for Choice**

Client chooses activities to attend

- Daily
- Weekly
- Monthly
- Special occasions

Staff suggest activities based on known client interest

- Daily
- Weekly
- Monthly
- Special occasions

Staff choose activities

- Daily
- Weekly
- Monthly
- Special occasions

**Client Schedule**

Set schedule    Varies Daily    Varies weekly

Schedule known to client?                    Y / N    If no, specify reason: \_\_\_\_\_

Client has input into schedule?            Y / N    If no, specify reason: \_\_\_\_\_

Client adheres to schedule once created?   Y / N    If no, specify reason: \_\_\_\_\_